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C O U N C I L

ANNUAL REPORT OF THE

MEDICAL OFFICER OF HEALTH

AND THE

PUBLIC HEALTH INSPECTOR

FOR THE YEAR

1965

COUNCIL OFFICES
RECTORY ROAD
LOWESTOFT

MEDICAL OFFICER OF HEALTH:	A. C. GEE, M.R.C.S., L.R.C.P., D.P.H.
PUBLIC HEALTH INSPECTOR, PUBLIC CLEANSING OFFICER, and PETROLEUM OFFICER:	R. GROAT, M.A.P.H.I.
ADDITIONAL PUBLIC HEALTH INSPECTOR:	G. J. L. HORNE, M.A.P.H.I., A.I.P.H.E.
MEAT INSPECTOR:	S. C. BAKER, A.R.S.H., M.A.M.I.

Council Offices,
Rectory Road,
Lowestoft.

Mr. Chairman, Ladies and Gentlemen,

I have the honour to present the Annual Report on the health of the Lothingland Rural District for the year 1965.

Extracts from the Registrar-General's vital statistics show another increase in the mid-year estimated population from 17,900 to 18,520, and a rise in total live and stillbirths from 308 to 360. Deaths from all causes rose from 181 to 198, of which only 14 were in the age groups under 45 years of age, and approximately half (102) were attributed to heart or respiratory conditions.

95 notifications of infectious diseases were recorded, of which 83 were for measles. 43 of the measles notifications were received in the last quarter of the year, but few of these occurred in the parishes adjacent to Lowestoft despite the occurrence in the Borough at the same time of a sizeable epidemic.

The section of the report dealing with the local sanitary authority work in the area has been prepared by Mr. R. Groat, your Public Health Inspector. The emphasis on hygiene in homes and places of work, and the need for constant attention to preparation and distribution of food of all kinds is necessary, but each new Regulation adds extra work to the staff, and I am grateful to Mr. Groat and to his colleagues for the able way they have dealt with these problems and for their help during another busy year.

I express my thanks to you, Mr. Chairman, and to the Members of the Council, for the attention given to and interest taken in the work of the Health Department.

I have the honour to be,
Your obedient Servant,

ARTHUR C. GEE

Medical Officer of Health

August, 1966.

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GENERAL STATISTICS

Area: 44,675 acres (Census, 1961).

Population, 1965: 18,520 (as estimated by the Registrar-General).

Population, Census 1961: 16,034.

Number of inhabited houses at 31st December, 1965: 6,365

Rateable Value as at 31st December, 1965: £530,807

EXTRACTS FROM VITAL STATISTICS

	LOTHINGLAND					England and Wales rates
	Total	Male	Female	Crude rate	Adjusted rate	
Live births -						
legitimate	341	148	193	-	-	-
illegitimate	16	8	8	-	-	-
total	357	156	201	-	-	-
Live birth rate per 1,000 population	-	-	-	19·3	20·0	18·0
Still births - legitimate	3	2	1	-	-	-
Still birth rate per 1,000 live and still births	-	-	-	8.3	8·6	15·7
Total live and stillbirths	360	158	202	-	-	-
Infant deaths - under 1 year						
legitimate	6	5	1	-	-	-
illegitimate	1	1	-	-	-	-
total	7	6	1	-	-	-
Infant mortality rate per 1,000 livebirths	-	-	-	19·6	19·2	19·0
Infant deaths - under 4 weeks legitimate	6	5	1	-	-	-
Neonatal mortality rate per 1,000 livebirths	-	-	-	16·8	16·4	13·0
Infant deaths - under 1 week legitimate	3	3	-	-	-	-
Perinatal mortality rate (stillbirths and deaths under 1 week per 1,000 total live and stillbirths)	-	-	-	16·6	16·2	26·9
Deaths from all causes	198	119	79	-	-	-
Death rate per 1,000 population	-	-	-	10·7	10·4	11·5

CAUSES OF DEATH

	Total	Male	Female
Malignant neoplasm, stomach	6	2	4
Malignant neoplasm, lung, bronchus	6	4	2
Malignant neoplasm, breast	7	-	7
Other malignant and lymphatic neoplasms	20	11	9
Leukaemia, aleukaemia	1	1	-
Diabetes	1	1	-
Vascular lesions of nervous system	21	11	10
Coronary disease, angina	56	41	15
Hypertension	2	1	1
Other heart disease	21	11	10
Other circulatory disease	7	4	3
Influenza	2	-	2
Pneumonia	6	3	3
Bronchitis	7	4	3
Other disease of respiratory system	1	-	1
Ulcer of stomach and duodenum	3	3	-
Nephritis and nephrosis	2	2	-
Hyperplasia of prostate	2	2	-
Congenital malformations	3	3	-
Other defined and ill-defined diseases	14	8	6
Motor vehicle accidents	1	1	-
All other accidents	7	4	3
Suicide	1	1	-
Homicide and operations of war	1	1	-
	198	119	79

NOTIFICATIONS OF INFECTIOUS DISEASES

Measles	83
Whooping Cough	1
Pneumonia	3
Tuberculosis	5
Infective hepatitis	2
Infective encephalitis	1
	95

DIPHTHERIA IMMUNISATION

Age group born in:-

	1965	1964	1963	1962	1958-61	Others under 16	Total
Primary	123	104	4	1	2	-	234
Booster	3	14	19	4	133	71	244

SMALLPOX VACCINATION

	0-3 mths.	3-6 mths.	6-9 mths.	9-12 mths.	One year	2-4	5-15	Others over 15	Total
Primary vaccination	14	3	4	7	88	12	2	1	131
Re-vaccination	-	-	-	-	1	2	5	3	11

TETANUS IMMUNISATION

Primary

1 - 15	Over 15
234	9

Booster - all ages

215

HOME HELP SERVICE.

	No. of cases dealt with	Hours worked
Maternity	19	743
Chronic sick, aged and infirm ...	78	20,298

Number of Home Helps working at 31st December 1965 ... 39

TUBERCULOSIS

	Males		Females		
	Pul.	Non-pul.	Pul	Non-pul.	TOTAL
Number of cases on register at 1.1.65	53	8	34	7	102
Number of cases added during the year	5	-	1	1	7
Number of cases removed during year	-	-	2	-	2
Number of cases on register at 31.12.65	58	8	33	8	107

Cases added to register	
New notifications	5
Inward transfers	2
	7

Cases removed from register	
Recovered	1
Died	-
Removed to other areas	1
	2

REPORT OF THE PUBLIC HEALTH INSPECTOR

FOR THE YEAR 1965

Mr. Chairman, Ladies and Gentlemen,

I have the honour to present this Report upon the work of the Department during the year 1965.

HOUSING

190 dwellings were inspected during the year, which resulted in the following action:

Number of houses demolished and unfit houses closed:	13
Number of families re-housed:	12
Number of houses rendered fit as a result of informal action:	10
Number of houses rendered fit after service of formal notices	
Public Health Act 1936:	10
Housing Act 1957:	2

The Engineer and Surveyor has supplied the following information:

Provision of New Housing Accommodation

Houses erected by private enterprise:	224
Houses erected by the Local Authority:	35

Improvements to houses

Number of dwellings in respect of which improvements were carried out with grants:

Discretionary Grants:	44
Standard Grants:	29

MOVEABLE DWELLINGS

Number of licensed sites:	57
Number of caravans used for holiday accommodation:	2,768
Number of caravans used as permanent dwellings:	116
Number of visits to caravan and camping sites:	206

The number of sites and caravans for both residential and holiday purposes continued to increase.

FOOD PREMISES

Total number of premises:	147
Number of visits to food premises:	240

Registered Premises

Ice cream manufacturers:	1
Ice cream retailers:	77
Sausage and preserved food manufacturers:	9

Inspections made during the year showed a good standard was being maintained in food handling and no action was necessary under the Hygiene Regulations.

WATER SUPPLIES

The results of samples taken from domestic supplies and submitted to the Public Health Laboratory, Norwich, were as follows:-

	Mains Supply	Private Wells
Unsatisfactory	Nil	18
Satisfactory	11	11

6 samples were submitted to the Public Analyst for examination for nitrate content. 4 of these were unsafe and advice was given on alternative supplies.

28 water tests were made from the nine swimming pools in holiday and caravan camps and these were found to be generally satisfactory.

The following is a list of the dwellings supplied with mains water:

Parish	Direct connection to dwelling-house	Standpipe
Barnby	68	12
Belton	227	-
Benacre	16	9
Blundeston	262	-
Bradwell	1,146	12
Burgh Castle	87	19
Carlton Colville	770	-
Corton	328	-
Covehithe	-	12
Flixton	13	-
Fritton	54	-
Frostenden	54	25
Gisleham	74	13
Henham	4	2
Henstead	83	15
Herringfleet	22	-
Hopton-on-Sea	245	-
Kessingland	711	15
Lound	86	-
Mutford	86	4
Oulton	66	-
Reydon	609	-
Rushmere	11	-
St. Olaves	45	-
Somerleyton	102	-
South Cove	2	10
Wangford	138	13
Wrentham	208	52
Uggeshall	23	11
	5.540	224

RODENT CONTROL

Two rodent operators were employed on this service and the following is a record of inspections made for infestations and treatment:

	Dwelling-houses	Farms	Other Premises
Inspections	1,755	184	239
Treatments	847	83	39

No serious increase in the number of rats was found in any part of the District and the sewers remained clear from infestation. The routine work of the operators was carried out in a very satisfactory manner.

SLAUGHTERHOUSES

The following carcases and offals were inspected:

	Cattle:	Cows:	Calves:	Sheep:	Pigs:
Number of animals killed and inspected:	1,454	41	17	401	3,502
Diseases other than T.B. and Cysticercosis:					
Number of whole carcases condemned:	2	1	-	1	8
Number of carcases of which some part or organ was condemned:	288	13	4	4	452
Tuberculosis only					
Number of whole carcases condemned:	-	-	-	-	-
Number of carcases of which some part or organ was condemned:	-	-	-	-	59
Cysticercosis					
Number of carcases submitted for treatment by refrigeration:	-	-	-	-	-
Number of whole carcases condemned:	-	-	-	-	-

The total weight of meat and offals condemned amounted to 3 tons 7 cwt. 12 lbs. This diseased and unsound meat was collected by the Suffolk Fat & Bone Company and processed immediately on arrival at the factory at Oulton.

Number of licensed slaughterhouses:	3
Number of visits to slaughterhouses:	662
Number of knackers yards:	1
Number of licensed slaughtermen:	15

I am pleased to report that Mr. S. C. Baker passed the Royal Society of Health Examination for Meat Inspection and was appointed as Meat Inspector with effect from the 1st July, 1965.

FACTORIES ACT 1961

Premises	Number on Register	Inspections
Factories in which Sections 1,2,3,4 & 6 are to be enforced by the Local Authority:	7	8
Factories not included above in which Section 7 is enforced by the Local Authority:	45	56

There were no serious infringements of the Act or Regulations during the year.

PETROLEUM (REGULATION) ACTS 1928 and 1936

70 annual licences were issued for storage of petroleum spirit. All new installations were tested and found to be satisfactory.

PUBLIC CLEANSING SERVICES

Refuse Collection

The following vehicles were in service:

		Capacity:	Mileage:	Diesel Fuel used:
UBJ 590	1956	18 cubic yds.	8,740	833 galls.
YBJ 296	1958	25 cubic yds.	9,199	839 galls.
401 LBJ	1962	25 cubic yds.	10,740	1,016 galls.
DBJ 509C	1965	50 cubic yds.	5,895	925 galls.

During the year the 50 cubic yard continuous loading refuse collection vehicle was purchased by the Council. This enabled a weekly collection of refuse to be initiated throughout the district.

The total number of loads collected was 1,422 with an estimated weight of 4,150 tons and this was disposed of at the Council's controlled tips at Camps Heath and Kessingland and by arrangement at the tip of the Southwold Borough Council

Cesspool Emptying

The following vehicles were in service:

		Capacity:	Mileage:	Diesel Fuel used:
OBJ 322	1953	1,000 galls.	2,686	239 galls.
335 CRT	1959	1,100 galls.	10,627	894 galls.
308 URT	1964	1,000 galls.	15,449	1,191 galls.

Despite the coming into operation of the Belton Sewerage Scheme, resulting in a drop in the number of cesspools in that Parish from 80 to 34, the total number of private cesspools and septic tanks throughout the district decreased by one only from 666 to 665. The reason for this was due to the number of dwellings erected and modernised in unsewered areas.

Approximately 4,702,000 gallons of sewage was removed during the year and the problem of disposal was still a matter of concern.

OFFICES, SHOPS AND RAILWAY PREMISES ACT 1963

The following premises were registered under this Act:

Offices:	18
Retail Shops:	19
Catering establishments:	5
Fuel storage depots:	Nil.

The number of Inspections made in the year was 51.

I am, Mr. Chairman, Ladies and Gentlemen,

Your obedient Servant,

RALPH GROAT

Public Health Inspector